#### Elite Academy

#### March 2025

# ELITE ACADEMY "Better together"

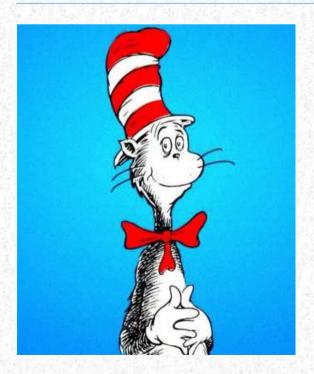
### BLACK HISTORY MONTH PARTY

At the end of February, we held our first annual Black History Month celebration. Students and staff gathered in the common area to learn from guest speakers, recite original poems, and indulge in sweets.

Special guests included Maurice Thomas, a poet, public speaker, and youth advocate in the community and Danielle Henderson, an integral member of the Bragg Hill Family Life Center.

Elite Academy thanks our special guests and our students for their engagement and participation in this cultural celebration.





## READ ACROSS AMERICA DAY

Elite Academy will celebrate Read Across America Day on Monday, March 3. This day is an annual event celebrated to promote the joy of reading and literacy among children and young adults across he United States. The day coincides with the birthday of Dr. Suess, the beloved children's book author known for his imaginative and whimsical stories.

On this day, upper school students will read the works of Dr. Suess to lower school students – building community and strengthening their leadership skills.

### INTRODUCING: MR. YA'AKOV

We are thrilled to introduce Mr. Ya'akov Yisreal, our new upper school teacher, who brings a wealth of experience and a diverse background to our school community.

Mr. Ya'akov is a former law enforcement officer from Montgomery County, Maryland, where he was an integral part of the crisis intervention team, gaining invaluable skills in managing challenging situations with poise and empathy. Prior to his role in law enforcement, he served as a Marine, instilling in him a strong sense of discipline and commitment. He also has experience teaching middle school in Washington, D.C., where he developed a passion for education and mentoring young minds. Mr. Ya'akov is a proud graduate of Purdue Global, holding a master's degree in criminal justice. His unique blend of experiences and dedication to education makes him a remarkable addition to our team, and we are excited to see the positive impact he will have on our students.



# DAYLIGHT SAVINGS TIME

Daylight Saving Time (DST) might sound boring, but it actually plays a cool role in how we use our time! So, what exactly is DST? It's when our clocks "spring forward" by one hour during the spring and summer months. This means more sunlight in the evenings, which means more time for hanging out after school, playing sports, or just enjoying the outdoors.

Daylight Saving Time kicks off the second Sunday in March (March 9 this year) and wraps up on the first Sunday in November. The whole idea of DST is to take advantage of long summer days. By moving the clock ahead, we can save on energy because we won't need to flip on the lights as early in the evening. Believe it or not, DST wasn't always around! It was first introduced during World War I to help conserve energy!

So, next time you change your clock, remember that it's not just about keeping time - it's about making the most of those long, sunny days!



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### WOMEN'S HISTORY MONTH

Women's History Month, celebrated every March, is a dedicated time to acknowledge the numerous contributions women have made throughout history. This month-long observance highlights the achievements and resilience of women from diverse cultures and backgrounds, showcasing their impact in fields like science, politics, the arts, and social justice.

Additionally, this month serves as a reminder of the ongoing struggle for gender equality and the importance of recognizing women's roles in shaping our society. Schools and communities often host events, workshops, and discussions aimed at educating and inspiring future generations. By honoring Women's History Month, we not only pay tribute to past accomplishments but also encourage young women to continue overcoming challenges and pursuing their dreams.







International Women's Day is March 8. This day was first recognized in Europe! The National Women's History Alliance sets a theme for the month each year. This year's theme is "Women Who Advocate for Equity, Diversity, and Inclusion"

Women make up more than half of the population in the United States!

My mom is important and special to me because she made me and she's the first one that comes to my mind every time.

Tyrell, Grade 6

My aunt is special to me because she takes me places and she gives me Chik-Fil-A.

DJ, Grade 6

# THE VALUE OF PLAYFULNESS

For many people, mindfulness can seem like more work - another chore, like exercise or brushing our teeth, which we grudgingly do because we know it's good for us. But the magic happens when we approach mindfulness with creativity, playfulness, and delight.

Try spending 20 minutes a day engaging in playfulness - whether it's writing a funny poem for a friend, dressing up in a silly outfit, or goofing around with friends in the park.

The playful mind is an open mind, and cultivating playful experiences will lead to a more joyful experience of life.





# **ELITE INVITATION**

We are excited to share that the awards assembly for third-quarter honors is scheduled for Friday, April 4. As always, we warmly welcome all guardians and immediate family members to join us!

### DATES TO REMEMBER

| March 3     | Read Across America Day      |
|-------------|------------------------------|
| March 8     | International Women's Day    |
| March 9     | Daylight Savings Time begins |
| March I4    | Pi Day                       |
| March 17    | St. Patrick's Day            |
| March 24–28 | Spring Break - NO SCHOOL     |
| March 3l    | Report Cards                 |
|             |                              |

